

# 2017 Poway High School Freshman Football



**Website-** [www.powayhighfootball.com](http://www.powayhighfootball.com)

Our website will have our forms, waivers, calendar and latest information regarding our football program. Please check our website first for answers to any questions you might have.

## **Athletic Handbook- Issued by Poway High School Athletic Department**

The Athletic Handbook contains forms that are required to receive your "Ticket to Play" (i.e., physical, Athletic Participation Signature Form, Residency, and Medical Information Release Form. These forms are to be turned in July 13<sup>th</sup>. When you turn in all necessary paperwork, you will be issued a "Ticket to Play" by the athletic department. You must present this "Ticket to Play" to the football staff to get equipment issued. There is a make-up gear issue on Aug 1st. Contact Arlene Grosely, Athletic Assistant, at [agrosely@powayusd.com](mailto:agrosely@powayusd.com) for more information regarding your "Ticket to Play." Forms are located on our PHS school website.

<http://www2.powayusd.com/pusdphs/athletics/forms.shtml>

## **Summer Camps – Medical Form and Waiver**

We hold a five week optional summer camp starting June 12th. This camp is conducted by coaches and is open to anyone from ages 12-18. It is an opportunity to train, lift, and participate in activities designed to prepare our student-athletes for competition. This camp is not affiliated with PUSD and NOT a requirement for participation for Poway High's football team. If your decision is to be involved in this optional camp then you must complete the Medical form and waiver, turn in a physical done within the last year, sign up for an AAU membership, and return the forms along with your check to participate in this camp (your "Ticket to Play" is not required for this camp). The summer camp application, medical form, and waiver are located on our website.

Tuition for the summer camp is \$250 and Due by June 1<sup>st</sup>. Need based scholarships are available for the summer camp.

**Dates:** June 12th through July 13<sup>th</sup>. **Dead Periods:** July 14<sup>th</sup>- July 31<sup>st</sup>

**Times:** Monday-Thursday from 4-6pm each day.

## **Physicals-**

Physicals will be May 31st from 6-8 pm in the gym office for all Frosh, JV and Varsity Players. Cost is \$20 for advanced payment at the finance office, and \$25 at the door. This is a major fundraiser for the training department. The original physical will be attached to your ticket to play paperwork. The summer camp needs a **copy** of the physical or your ticket to play. ***Please do not hand in the original for the summer camp.***

## **Equipment Issue-** July 13th

Each player planning on participating for Poway High's football team will be fitted for equipment. Tickets to Play will be issued on July 13<sup>th</sup>. You **MUST** have your "Ticket to Play" to be issued equipment. Make ups are August 1<sup>st</sup>.

## **Practices**

Fall Camp practice will **begin August 1<sup>st</sup>**. From August 1<sup>st</sup> to the start of school there will be some days when we have two practices per day. There will be practice on Saturdays in our fall camp. **Practices are mandatory.** Any missed practices for whatever reason will impact playing time.

**Cleat & Spirit Wear** Poway High School has come to an agreement and understanding with Adidas. Poway High is an official "Adidas School." Adidas and Prime Sports is a proud sponsor of Poway High Football. All of our student-athletes will receive a substantial discount on cleats and spirit wear. However, purchasing cleats and spirit wear is optional.

All football players are being asked to wear Adidas football cleats for games in the 2015 season. Spatting is not permitted to cover up logos for other cleats. We will wear Adidas.

Prime Sports is offering a discount on all Adidas football gear. Cleat orders and equipment are placed through Prime Sports and our team representative is Mike Ruiz. He can be reached at [mike@myprimesports.com](mailto:mike@myprimesports.com)

CIF has dictated that under no circumstances are adornments allowed nor are uniforms to be altered during athletic competition. All teams must be in uniform and meet NFHS (National Federation of State High School Association) regulations. Towels, gloves, and pads must meet specific criteria as well. The Adidas gear available meets these regulations

### **Contact Form**

Communication to all families is essential. We must have all the contact information in order to send each player and their family's updates and/or any changes regarding the football program. Please complete the required contact form. Always check our Titan Football website for the most updated information.

### **Titan Football Booster Club**

The Booster Club is non-profit organization status under Section 501(c)(3) of the Internal Revenue Code. The Booster Club helps maintain open lines of communication between parents and coaches, aid in fundraising for the Poway High School Football program, determine how these funds will be allocated, and plan activities to involve the players in pre and post-game events. The Booster Club also plans many events throughout the season and lists of activities are available on our football website

### **2016 Player Participation Fundraisers**

We will conduct two fundraisers for the upcoming season (Community Discount Cards and Community Support Drive). Freshmen will actively participate in Community Discount Cards and Community Support Drive. Your efforts are greatly appreciated so we may run a first class program that provides many opportunities for our student-athletes. Parents have the opportunity to make a donation of \$400 to our football program in lieu of our fundraising efforts.

If you are unable to find forms, updates or answers to your football questions, contact Head Coach Keith Kramer at [powayfroshfootball@gmail.com](mailto:powayfroshfootball@gmail.com)